

Support

APP is here to help! Our staff is caring and non-judgmental. We are available to help you transition into parenthood and navigate your role as a parent.



Parenting is the Roots of Our Past and the Branches to Our Future

Let's talk!

Main: 910.333.9725 Program #: 910.333.9727



151 Chaney Ave. M-Th 8 AM - 5PM Fri 8 AM - 2 PM



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PEERS

Family Development Center

ADOLESCENT PARENTING PROGRAM

Educate * Empower * Encourage





In APP We...

- Coordinator and CSSA work as a team with our adolescent parents
- Work with adolescent parents to grow, learn, experience, and prepare to be the best parents they can be
- Proactively plan to prevent a second adolescent pregnancy
- Learn how to survive high school...oh yeah, and graduate or complete a GED!
- Provide information and opportunities to get real job training, join the military, attend college or gain employment at a livable wage
- Help participants have a healthy, positive pregnancy and birth on their terms
- Learn parenting skills and strategies for caring for a child and themselves
- Provide one-on-one sessions with an APP Coordinator to assist with information and resources specific to parents and their child
- Provide transportation to important appointments and APP events
- Hold monthly group connection meetings, fun field trips and social activities
- Free incentives such as diapers, wipes, baby supplies, car seats, and pack n plays are available for participants
- Build community and connections with other young parents



The APP program is a free program which provides adolescent parents with intensive family centered services aimed at preventing further pregnancies, improving parenting skills, building confidence, and preparing for employment.

Program Goals

- · Remaining in school until graduation
- Preventing subsequent adolescent pregnancies
- Improving parenting skills
- Able to locate and use community resources
- Stabilize family support
- Strengthen employability skills and efforts to become economically selfsufficient

Eligibility

- Must be 19 years of age or younger
- Pregnant or parenting and willing to postpone another pregnancy
- Presently enrolled in school (middle school, high school, GED program, etc)
- Wants to return to school or is interested in obtaining their GED
- Willing to participate in a 1 hour monthly home visit twice a month.

Education & Classes

Baby care, Budgeting, Car Seat Safety, Safe sleep, Shaken Baby Syndrome, Love Notes, First Five Years and more.