

APRIL 2022

PEERS FAMILY DEVELOPMENT CENTER NEWSLETTER



Parenting ~ the Roots of our Past and the
Branches of our Future

If you would like to donate please contact us
at 910-333-9725.

We're on the web!

www.peersfamilydevelopmentcenter.com

FB: PEERS Family Development Center

FB:PEERS Adosecent Parenting Program Group

April is National Child Abuse Prevention Month



A Note from PEERS Staff

Happy April,

This month is National Child Abuse Prevention Month. We wear the color blue and plant blue pinwheels in the hopes everyone is sharing their building strong foundations in our children. Building up resilience, playfulness, and social-emotional

competence while providing a safe, stable and nurturing environment for our children to grow. All of the programs at PEERS assist families in this endeavor. Prevent Child Abuse of NC stated, "Better Together We Can Prevent Child Abuse North Carolina!" During this month, be a "connection" for children. Please post pictures of events this month on our social media. Post with #BeAConnection

We are pleased to announce the hire of our new APP Social Worker. Welcome Meghan Beacham. She will be making home visits with our teen parents with Jin.

April 1st, PEERS wore blue on Wear Blue day. As well PEERS hosted the 18th annual Cherish the Child dinner and silent auction. All proceeds funds our childcare program. I would like to personally thank our two sponsors, LINX Electric and Love & Co Coldwell Banker Seacoast Advantage. We had an outpouring of support from local businesses for our items and auction baskets. Thank you to the interns and staff of PEERS who worked so hard prior to the event requesting and gathering all the items. A special thank you to Joe at Discovery Church International. Joe jumped in to help us when needed it the most. You made all the difference. We had wonderful entertainment by FREEWAY and wonderful food by Mission BBQ. Food Lion provided all the salad fixings.

Our social media pages has a pinwheel garden video, please watch. Happy Easter.

Tondrea Leach, MSW, LCSW

PEERS Director



High and Low

(0-3 months)

- One of the newborn's most highly developed abilities is responding to sound, including the difference between high-and low-pitched sounds.
- Hold your baby close to you and say her name in a soft high pitched voice. For example, say, "Susie, Susie I love you."
- Next, say the same words in a soft low pitched voice.
- Alternate between using high and low voices several times.

HELLO

April

Important dates this month

4/1 *Wear Blue Day* for Child Abuse Prevention

4/15 *Good Friday*

PEERS office will be closed on this day. If you need anything from our staff, please contact before Good Friday.

4/17 *Happy Easter!*

4/18 Last day to file Taxes

4/22 *Earth Day*

APP utilizes Parents As Teachers curriculum & Group Connections as a part of our growing program.



APP GOALS:

- * KEEP YOUR MONTHLY APPOINTMENTS!
- * STAY IN SCHOOL!
- * DELAY A SECOND ADOLESCENT PREGNANCY!
- * CONTINUOUSLY DEVELOPING PARENTING SKILLS!
- * GRADUATE HIGH SCHOOL!
- * ATTEND MONTHLY GROUP CONNECTIONS!
- * LEARN TO BE AN INDEPENDENT ADULT!
- * AVOID ABUSE AND NEGLECT FOR YOURSELF AND YOUR CHILD!

APRIL

Group Connections

WHAT: Darkness to Light

WHEN: Wednesday, April 13, 2022

WHERE: Group at PEERS 3pm-5pm

Remember to Use Your Points



For extra points name the Kimochis listed this month at group!

APP is graciously sponsored by:



Parent Education

The parenting class schedule is now available. It is posted on the PEERS Facebook page.

If you have any questions about parenting or about classes, please give us a call. We'd love to assist you!

Upcoming classes in April:

- Making Children Mind without Losing Yours
- Resilience Screening

Call to register - 910-333-9725.



Call to schedule a Resiliency Screening or a Darkness to Light training off-site.

This is free to any organization.

Kimochis: (feelings)



HOPEFUL

www.kimochis.com

Book Resources:

You know How to Love

by: Rachel Tawil Kenyon

The Starkeeper

by: Faith Pray

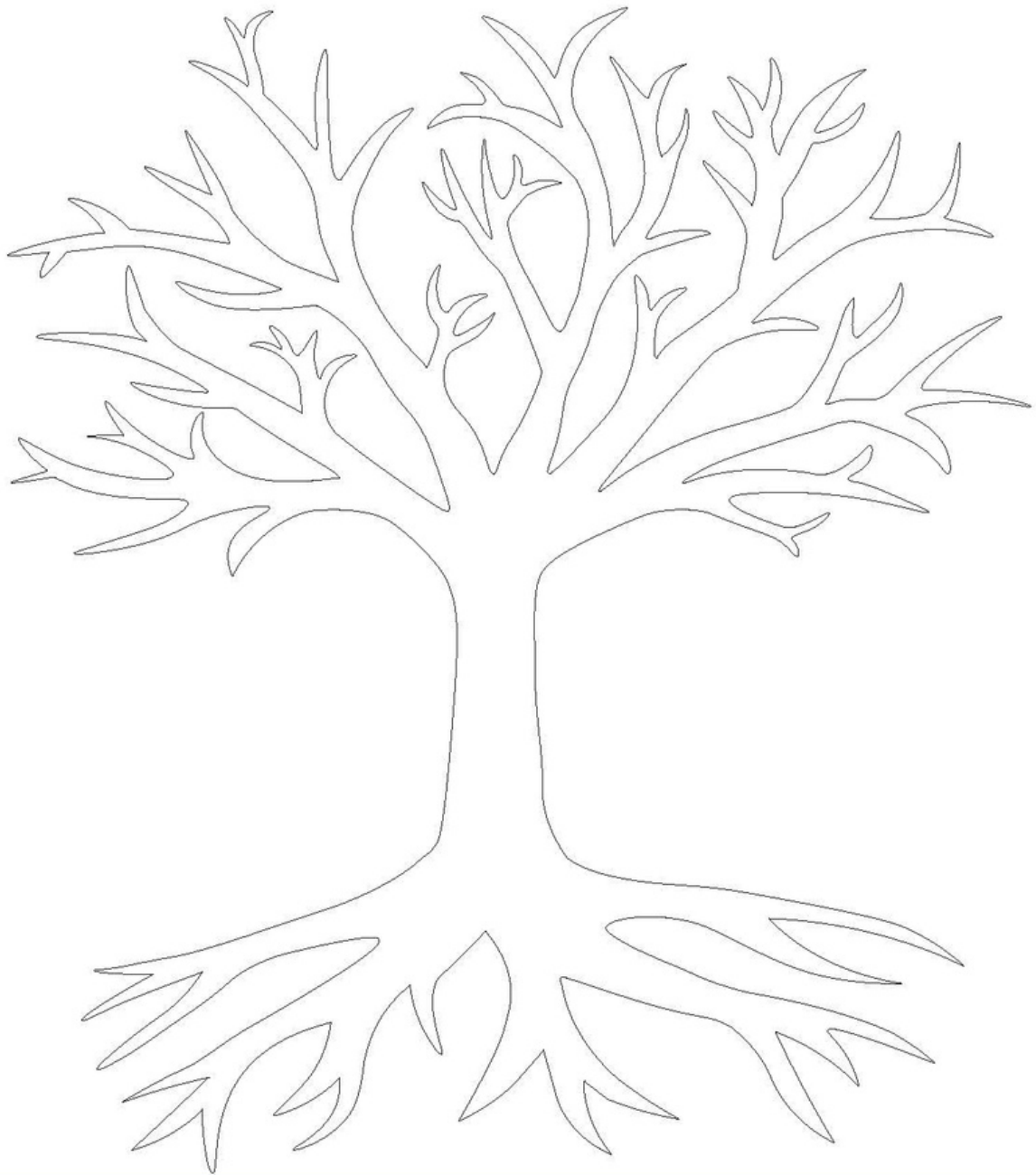
Hope Activities:

- (1) **Grow - Grow something!** This simple activity has a lot of impact. Watch the seeds sprout and grow.
- (2) **Make or build - Building or making is hopeful** because it shows kids they can change things by taking what is in front of them and working to turn it into something more or something better!
- (3) **Share stories - Knowing that others went through difficulty or were afraid, but still believed they would get through it and things were alright when it was over, lets them see that this is indeed a possible outcome.**
- (4) **Give - Giving is related to hope** because kids will see their willingness to give is a gift to others. This allows not only themselves, but others to have hope for the future.
- (5) **Reach for goals - Hope for the future isn't the same as wishing. Hope has action behind it. It is not just wishing things would get better but actively doing something to help make that so.**

Activity for Hopeful

_____’s Tree of Hope

On the trunk and roots of my tree are the people who support me.
On the branches are my hopes for the future.



ALAZUR—GETTY IMAGES

***Attention APP Participants:
For extra points show your new social worker your tree at your next home visit.**

Childcare

This respite program is available on Monday, Wednesday and Friday of most weeks from 9:00 AM to 1:00 PM by reservation .

To reserve a spot for your child call the office at 910-333-9725

During the summer time, please place sun screen on your child before they come to PEERS due to outdoor play time.



Easter Egg Chocolate Covered Strawberries **Total Time: 15 minutes**

Ingredients

- 15-16 fresh strawberries, washed and patted dry
- 1 lbs of white melting chocolate
- gel food coloring

Instructions

1. Cover baking sheet with parchment paper.
2. Place melting chocolate in microwave safe bowl for 1 min. Stir and place back for another 30 seconds.
3. Separate melted chocolate in 4 bowls and add food coloring to each bowl in the color you want.
4. Dunk the strawberries in the chocolate and and place on the backing sheet to hardened.
5. Place in refrigerator for 1-2 hours and serve!



Childcare helps your child by working in centers and on a schedule.

Children learn rules, social interactions, boundaries through through play, games, reading, arts & crafts, and activities. Outside play time is encouraged.

Somedays there is singing and dancing.

FIND US ON SOCIAL MEDIA

Instagram

Twitter

Facebook

**@peersfamilydevelopm
entcenter**

If you are interested in donating to PEERS, please contact us at peers@bizec.rr.com or call 910-333-9725.



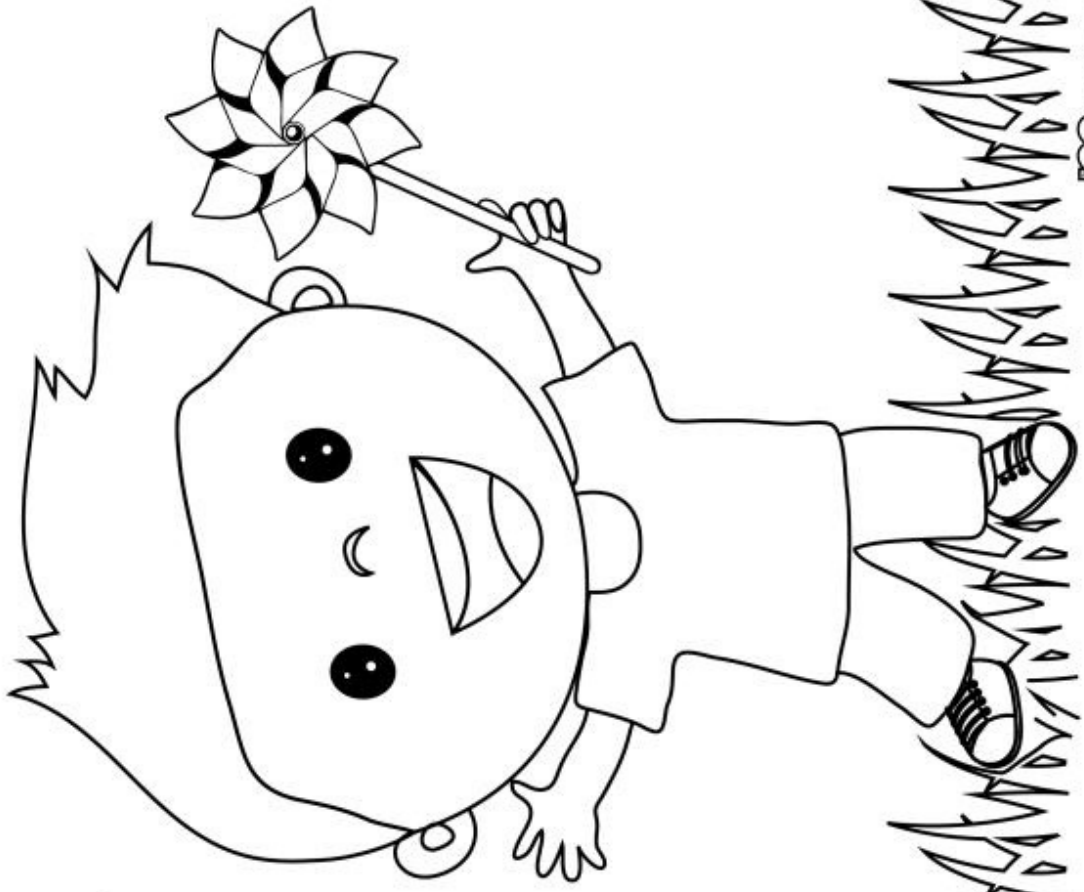
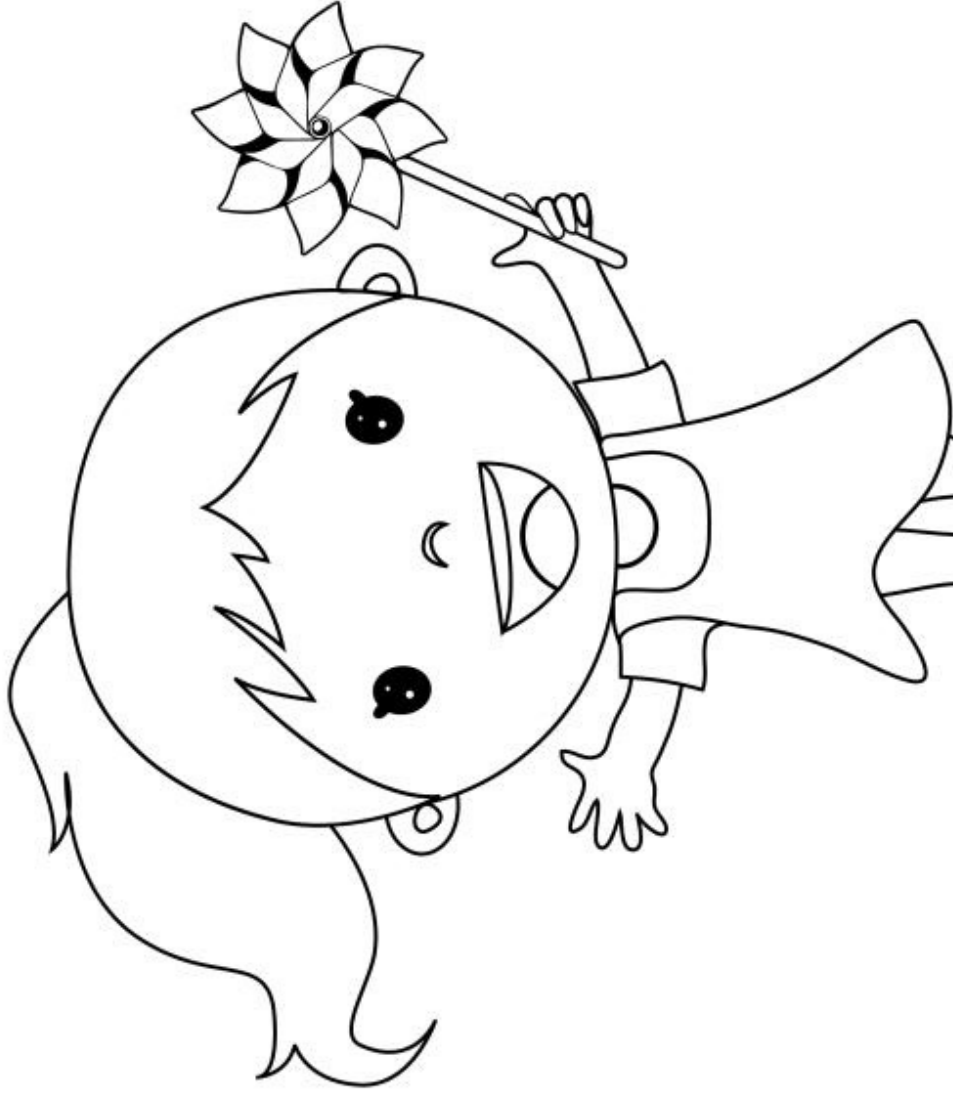
Parenting Education & Childcare is graciously sponsored by:

LIVE UNITED



United Way of Onslow County

Every Child Deserves A Great Childhood!



Learn more about Child Abuse Prevention Month at mymadisoncares.com

